**ST. JOSEPH’S COLLEGE (AUTONOMOUS), BENGALURU -27**

Registration Number:

Date 2-12-2022 ( 9am )

**M.Sc PSYCHOLOGY – III SEMESTER**

**SEMESTER EXAMINATION: OCTOBER 2022**

**(Examination conducted in December 2022)**

**PY9121 : MARRIAGE AND FAMILY THERAPY**

**Time: 2 1/2 Hours Max Marks: 70**

**This paper contains ONE printed page and FIVE parts**

**Each answer is for 14 marks.**

**PART-A**

1. Explain the basic theoretical concepts utilized for a systemic formulation in family therapy

**OR**

1. Discuss the developmental and emotional issues relevant in Duvall’s family life cycle stages

**PART B**

1. Elaborate on the possible framework and steps you will follow when a family first contacts you for family therapy, as well as for the first session you have with them.

**OR**

1. After the initial assessment sessions, based on the family life cycles stages, what are the points you would like to structure your inferences on? Illustrate with examples

**PART C**

1. Describe Jay Haley’s approach to family therapy.

**OR**

1. Elucidate on the theoretical constructs of Bowens theory that illustrate intergenerational aspects?

**PART D**

1. Elaborate on the importance of trust in a couple relationship according to Gottman, and how this aspect can be improved.

**OR**

1. How can you use Sue Johnson’s Emotion focused therapy with couples?

**PART E**

1. What adaptations and aspect would you keep in mind when conducting family therapy sessions with an eclectic approach in diverse Indian cultural context?

**OR**

1. Critically evaluate and contrast any two theoretical approaches to family or marital intervention.