

Date:

Registration number:

**ST JOSEPH’S UNIVERSITY, BENGALURU -27**

**M.S.W– III SEMESTER**

**SEMESTER EXAMINATION: OCTOBER 2023**

**(Examination conducted in November /December 2023)**

**SW 9121: COUNSELLING IN SOCIAL WORK**

**(For current batch students only)**

**Time: 2 Hours Max Marks: 50**

**This paper contains TWO printed pages and THREE parts**

**PART - A**

**Answer any FIVE of the following 5X2=10**

1. Mention any two goals of counselling.
2. List any two benefits of Transactional Analysis?
3. List out the problems in establishing counselling relationships.
4. Mention the types of responses in counselling.
5. Why is recording important in counselling?
6. What do you mean by non-defensive listening?
7. List out any four strategies of anger management.

**PART - B**

**Answer any FOUR of the following 4X5=20**

1. Write a note on Rational Emotive Therapy.
2. What do you mean by psychological testing? Explain its significance in counselling.
3. Elaborate on the techniques used in school counselling.
4. Describe the characteristics of a professional counsellor.
5. Write a note on ‘Listening skill’ in counselling.

**PART - C**

**Answer any TWO of the following 2X10=20**

1. You are a de-addiction counsellor. Design an intervention programme aimed at prevention of substance abuse among college students.
2. Apply the stages of counselling to a case example from your field work experience.
3. Rani has been troubled ever since her son was diagnosed with lung cancer. She is unable to sleep properly and is finding difficult to cope with daily life. She has crying spells and gets negative thoughts about her son’s condition.
4. Identify the symptoms and present a diagnosis of the problem.
5. Which therapy would you use to help Rani cope with her problem? Elaborate.