**ST. JOSEPH’S UNIVERSITY, BENGALURU -27**

Registration Number:

Date & Session:

**M.Sc. PSYCHOLOGY – I SEMESTER**

**SEMESTER EXAMINATION: OCTOBER 2023**

**(Examination conducted in November/ December 2023)**

**PY7421: FUNDAMENTALS OF PROFESSIONAL COUNSELLING**

**(For current batch students only)**

**Time: 2 Hours Max Marks: 50**

**This paper contains ONE printed page and FIVE parts.**

**Answer one question from each section. Each section carries 10 marks.**

**PART-A**

1. Define Counselling. What are the goals of counselling?

OR

1. Describe the development of the counselling movement in India and its current status.

**PART B**

1. Explain Truax and Carkhuff’s model of counselling.

OR

1. With reference to any case study describe Egan’s Skilled Helper Model of counselling.

**PART C**

1. What are the benefits of case formulation?

OR

1. Outline the importance of referral in counselling?

**PART D**

1. Elaborate on the various influencing skills used in counselling.

OR

1. Describe briefly active listening skills and client observation skills.

**PART E**

1. Describe the importance of supervision in counselling.

OR

1. What are the personal and professional characteristics of a good counsellor?