

Date:

Registration number:

**ST JOSEPH’S UNIVERSITY, BENGALURU -27**

**M.S.W– IV SEMESTER**

**SEMESTER EXAMINATION: APRIL 2024**

**(Examination conducted in May / June 2024)**

**SWDS0721: Therapeutic Interventions in social work Practice**

**(For current batch students only)**

**Time: 2 Hours Max Marks: 50**

**This paper contains TWO printed pages and THREE parts**

**PART - A**

**Answer any FIVE of the following 5X2=10**

1. What is Freudian slip?
2. Explain cognitive triad and cognitive distortion.
3. Match the following
4. Freud 1.unconditional positive regard
5. Carl Roger 2. Stages of development
6. Carl Jung 3. Eros
7. Erick Erickson 4. Archetypes
8. What are the objectives of couple therapy?
9. What is an interpersonal therapy?
10. What are the symptoms of clinical depression?
11. Mention some techniques in group treatment with adults.

**PART - B**

**Answer any FOUR of the following 4 X5=20**

1. Explain the techniques offered in NLP.
2. Throw light on Jacobson’s Progressive Muscle Relaxation (JPMR) technique and the expected outcome.
3. Describe dynamic approach to brief and time limited intervention.
4. Explain family therapy and its techniques.
5. Explain any two models of clinical practice.

**PART - C**

**Answer any TWO of the following 2X10=20**

1. Elaborate the techniques in psychoanalytic psychotherapy with an example.
2. What are art and expressive therapies, how do they help in the process of healing.
3. Rogerian approach is unique and is non-directive’ - Explain the core belief in the therapy, its techniques and example from your field.