**ST JOSEPH’S UNIVERSITY, BENGALURU -27**

Registration Number:

Date & session:

**M.Sc (COUNSELLING PSYCHOLOGY) II SEMESTER**

**SEMESTER EXAMINATION: APRIL 2024**

**(Examination conducted in May / June 2024)**

**PY8423 PSYCHOPATHOLOGY I**

**(For current batch students only)**

**Time: 2 Hours Max Marks: 50**

**This paper contains TWO printed pages and FIVE parts.**

**Answer the following questions. Each question contains 10 marks.**

**PART-A**

1. Discuss the changing attitudes and concepts towards mental health and illness.

OR

1. What is case history and mental status examination? Describe the various components in detail.

**PART-B**

1. Case: A 50-year-old man worries all of the time and about “everything under the sun.” He reports worry ranging from his wife who has chronic pain to whether he returned his book to the library. He is unable to control his worrying. Accompanying this excessive and uncontrollable worry are difficulty falling asleep, impatience with others, difficulty focusing at work, and significant back and muscle tension.
2. Identify the disorder based on the given description.
3. Explain the clinical features.
4. Describe the causes.

OR

1. Explain the clinical picture of panic disorder with causes and treatment.

**PART-C**

1. Case: A 35-year-old man loses his beloved uncle suddenly to an accident. Two years later, he has developed an idea that harm would result to loved ones if he did not move or walk in a special way. He knew the idea was strange and silly, but he could not stop thinking about it. The man developed elaborate behaviours that involved stepping in just the right way. The process became time consuming and cumbersome. Going out in public by himself or with family members became an ordeal.
2. Identify the disorder based on the given description.
3. Explain the clinical features.
4. Describe the causes.

OR

1. Describe the clinical features of trichotillomania and excoriation disorder and mention its treatment.

**PART-D**

1. Distinguish between the clinical features of bipolar I and bipolar II.

OR

1. Outline the clinical picture of premenstrual dysphoric disorder with causes and treatment.

**PART-E**

1. Discuss in detail the clinical features and symptoms of acute stress disorder.

OR

1. Explain the clinical features of factitious disorder imposed on self and factitious disorder imposed on another. How is it different from malingering?

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