**ST JOSEPH’S UNIVERSITY, BENGALURU -27**

Registration Number:

Date & Session:

**M.SC. (COUNSELING PSYCHOLOGY) IV SEMESTER**

**SEMESTER EXAMINATION: APRIL 2024**

**(Examination conducted in May / June 2024)**

**PY 0121: WORKPLACE PSYCHOLOGY**

**(For current batch students only)**

**Time: 2 Hours Max Marks: 50**

**This paper contains TWO printed page and FIVE parts**

**Answer the following. Each part carries TEN Marks**

**PART-A**

1. Elaborate on the significance of workplace psychology and its role in improving employee performance and productivity.

**OR**

1. Identify and explain the determinants of an ideal work environment. How do these determinants contribute to employee engagement and retention?

**PART-B**

1. Explain the consequences of gender discrimination in the workplace. How can organizations create an inclusive and supportive environment to address these issues effectively?

**OR**

1. Explore the nature of work motivation and its impact on employee morale and performance. Evaluate the role of the counselor in increasing motivation through counseling.

**PART-C**

1. Describe counseling techniques used to address job stress in the workplace. How can counselors help employees develop coping strategies and resilience to manage work-related stressors effectively?

**OR**

1. Explain the trends in workplace counselling, including online counselling. How do they benefit organizations and employees?

**PART-D**

1. Assess the effectiveness of employee assistance programs (EAPs) in supporting employees with behavioral and mental health issues. What features contribute to the success of EAPs in organizational settings?

 **OR**

1. Explore the ethical considerations associated with workplace counselling, particularly in terms of confidentiality and professional boundaries. How can counselors uphold ethical standards while providing support to employees?

**PART-E**

1. Utilizing methods from various psychological theories, elucidate how a counselor can address job stress or work-life issues. Support your explanation with a case study.

 **OR**

1. Explore the ethical considerations associated with workplace counselling, particularly in terms of confidentiality and professional boundaries. How can counselors uphold ethical standards while providing support to employees?

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