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Dreams turn into nightmares: The saga of Indian students in the United Kingdom

Pushparaj C
BENGALURU: A rosy picture is painted of people who come to the UK for higher studies and are assured of finding jobs easily, but the reality is vastly different and people need to struggle to even get a job, said Rohith, an Indian immigrant who is now working in the UK.

Students who go to the United Kingdom are complaining about the misleading information from educational agents, a sector that remains unregulated in India. The students have no idea of the environment, transportation and facilities at their destination.

Another Indian student in the UK added, "There are Indians studying in most of the universities, but they are forced to choose certain universities because the agents in IDP, UKVI etc send students not to the best university but to the ones where they get more commissions."

The students also face problems such as costly accommodation and poor living conditions. "Landlords don't care, we are living like pigs almost. Twelve of us are living in a single house." Apart from the struggle for good living conditions, the Indian students have also had transportation issues due to the public transport strike this week. The London Tube which forms one of the main part of the transport system has also been impacted.

Showcasing the legacy of print media

Afreen Hussain

Showcasing the significance of print journalism at a time when the world is switching to digital mediums for consuming news, 'Unveiling Chronicles', an exhibition featuring a collection of newspapers and magazines was organised at St. Joseph's College (Autonomous) on Friday.

The event, conducted under the Institute of Communication and Media Studies (ICMS), provided students with an opportunity to witness different

A glimmer of hope for those with diabetes

Saishyam Srikanth & Sanjana Anand

BENGALURU: Researchers from IISc have designed new footwear for Diabetic patients. Whereas the existing footwear that caters to diabetic patients was a result of a few cosmetic changes made to the soles, the IISc developed footwear is a scientifically advanced one, claimed the premier institute.

The IISc-led team's invention is 3D printed and could be tailored to an individual's foot dimensions and walking style. Unlike traditional therapeutic sandals, the snapping mechanism in these sandals keeps the feet balanced, allowing for faster healing of the injured region and preventing injuries in other areas of the feet, as foot injuries in diabetic patients heal at a slower rate than in healthy individuals.

Speaking about the areas the research could be taken



Visuals of the footwear

forward, research scholar Priyabrata Maharana said, "With this technology, we just offload the pressure at certain points, but we do not redistribute it to the other regions. So the next part is to redistribute the pressure of the areas."

The PhD scholar also added that this research did not focus on the sheer pressure which had an impact on the

foot when a person was walking. One of the limitations of the current research is that only pressure applied perpendicular to the ground in standing posture is considered.

The researchers also outlined their plan for the next phase of the research. Maharana said, "We have only tested this technology with three people, but to make it

commercial, we have to do a medical trial with at least 60 people. So the next phase is to have rapid testing and medical trials on actual diabetic patients in the short and long term."

The short-term test would involve studying patients while they walk in the hospital. The long-term testing

would involve, giving the patients the footwear designed by the researchers and also commercially available footwear so that a comparison could be made and feedback could be taken into consideration.

Jyoti Sonawane, another researcher who worked on the project, said while speaking about the challenges that they are facing, "The biggest challenge is convincing patients to give their test data. The next challenge is to convince them to use our footwear. When it is something different they get scared. Even doctors say it is very difficult for them to convince their patients to try this technology."

The researchers at the Department of Mechanical Engineering (IISc), in collaboration with the Karnataka Institute of Endocrinology and Research (KIER), have created this new concept for footwear.

Assam caught in deep waters yet again Citizens in despair, ask for permanent solution

Pavana J

This is history repeating itself every year, yet the authorities don't want to take suitable measures to keep us safe, said Diksha, a native of Silchar in Assam who is now living in Bengaluru.

Assam has been facing severe floods, and the situation has been deteriorating as the death count keeps increasing by the day. The flood is caused by heavy rainfall and the overflowing of the Brahmaputra and Barak rivers along some of the state's

biggest villages. Silchar remains the worst affected.

"Due to the floods, there has been a shortage in food and drinking water, and there is no electricity either. Network coverage is down in some areas making it very difficult for the people living there to communicate with their families or even reach out for help," lamented Diksha, who hasn't been able to contact her family in Silchar for over four days now. She said seeing her hometown in this

situation is very painful, and not being able to talk to her family and knowing about their whereabouts is making her very anxious.

Rescue operations are being carried out by the government and relief material is being air-dropped, but most of it is getting destroyed in the process, said another resident. "This isn't the first time this is happening to us, yet the Central Government pays no heed to our situation. Why is there no national media coverage of what is

happening in Assam? Why is our state being side-lined again?"

The reopening date of schools is postponed because a lot of schools in the affected areas are turned into relief camps. "Results for 12-standard students are postponed due to the floods, and many of us who plan to leave the state for our higher studies need to start applying right now. This leaves us in a very grim situation," complained Akshay, a 12-standard student.

Upstage: A chance to reject inhibition & express oneself

Sharon Anna James

CAMPUS: The theme "Masks away" could be interpreted as a rejection of inhibitions so that the true self could be expressed or it could mean a journey of self-discovery through performance and creativity, said Shwetha Miriam Abraham, student convenor of the English Department's Performing Arts Society while explaining the theme for Upstage 2022.

The Performing Arts Society, under the Department of English at St. Joseph's College, Bangalore, organised the third edition of the intercollegiate theatre festival, Upstage 2022 which was inaugurated by Fr Swebert D'Silva, Rector, and Dr Arul Mani, Head of the English Department.

A KK Tribute Concert on June 21 was held as a curtain-raiser to the three-day event. Through the course of the event, proscenium play, short play and street play contests are being organised.

While speaking about the event, Aaradhana Panikkar of I MA English said, "The event provides a chance for college students to get exposure to the theatre world while also showing the students how much they can push the boundaries of their abilities."



Audience at 'Unveiling Chronicles'

reporting styles in diverse languages. The exhibition displayed newspapers and magazines from multiple countries and several states of India, including the SJC

students' English daily, 'The Beacon', the monthly magazine - 'Communique', and the photo-journalism bulletin, 'Photo Beacon' was on display.

"This newspaper exhibition will assist the students in learning the history and writing styles of different regional, national and international newspapers. Additionally, it will inform media & journalism aspirants to experience & interact with print news in a unique way," said Worrinphi Ronra Shimray, organiser of the event.

'Injuries not due to lifestyle'

Joel P Anto

BENGALURU: Injuries are common, but higher authorities need to understand that players are not robots, said Dr Ashbin, a former sports physiotherapist who has worked with state cricket teams and several I-League sides as a medical professional.

The recent increase in the number of injuries among cricket players has cast doubt amongst fans and experts on modern training methods and player lifestyles.

"It is definitely not due to the way of life or the training

techniques, the structure of the game has to be changed," said Dr Ashbin.

He stated that injuries are occurring and that many players are unable to even reach match fitness due to their participation in more matches across formats than their bodies can handle. "A proper structure that eliminates fixture congestion and provides the appropriate amount of breaks, and a good rotation through the squad will reduce the number of injuries in the future," Dr Ashbin added.