

Date:02-03-2022

Registration number:

ST. JOSEPH’S COLLEGE (AUTONOMOUS), BENGALURU-27

MSc Counselling Psychology – I SEMESTER

SEMESTER EXAMINATION: OCTOBER 2021

(Examination conducted in January-March 2022)

**PY 7221 – Lifespan Development**

Time- 2 ½ hrs Max Marks-70

**This question paper contains one printed page and five sections**

**Answer any one question from each of the following sections. Each section carries 14 marks.**

**Section A**

1. Elaborate on the key features, advantages, and disadvantages of cross-sectional and longitudinal studies in developmental research. Provide examples.

OR

1. Explain the developmental issues of nature and nurture, stability and change, and continuity and discontinuity in the context of developmental psychology.

**Section B**

1. Explain Ainsworth’s attachment styles. What challenges arise when applying Ainsworth’s attachment styles to different cultural communities? Please give an example.

OR

1. Explain the stages of prenatal development. What are the risk and protective factors at play during this developmental period?

**Section C**

1. Discuss the changes that take place in cognitive development between the preoperational and concrete operational stages of thinking.

OR

1. Explain the physiological changes taking place during puberty and its impact on the adolescent’s psychosocial development. What does this mean for early and late maturers?

**Section D**

1. Provide a brief note on the psychosocial development in emerging adulthood. Substantiate your answer with references to any two appropriate developmental theories.

OR

1. Elucidate on the cognitive changes that take place over the course of adulthood with reference to any two appropriate developmental theories.

**Section E**

1. Discuss in details the gains and losses in cognitive abilities that occur in late adulthood. How does this affect the quality of the individual’s relationships?

OR

1. Elucidate Kubler-Ross’s stages of grief. How might the cultural context, as it exists in India influence the grieving process?